

MODERN LUXURY SPOTLIGHT

# *Influential* **ATLANTANS** *in Medicine*

## *April* *Spencer, MD*

DR. SPENCER'S GLOBAL BREAST  
HEALTH AND WELLNESS CENTER  
OWNER & CHIEF OPERATING SURGEON

During her residency, Dr. April Spencer encountered a patient who shared that nearly her entire family, including her mother, had succumbed to breast cancer. "She wasn't sure if she would meet a similar fate," Spencer recalls. "I committed to her that she would not die on my watch." Fast-forward 20 years and that patient is "not just surviving, but thriving," Spencer shares. "I soon realized that my passion and my purpose were exquisitely aligned. The ability to use my hands, my head and my heart to make a difference in the lives of women still gives me great joy to this day!"

From breast biopsies to total mastectomies with reconstruction, the renowned breast surgeon provides unparalleled care for her patients every step of the way. "What makes me influential in my field is that I focus not just on breast health but overall best health by inspiring others to make lifestyle changes that will impact their lives forever," she explains. And that sphere of influence extends far beyond Atlanta: Last year Spencer was invited to give the keynote address at a global cancer conference in Dubai, which she cites as one of her most meaningful career highlights to date. "I was the only woman and the only surgeon on the main stage," she says with pride.

As she looks to the future, Spencer is focused on educating the public using medical media, touting it as "a powerful tool that allows me the amazing opportunity to impact the lives of many women without any geographic or language barriers." The digital platform has proven especially beneficial as she recently announced the launch of her Just Breast® Breast Support supplement, the first supplement created by a female breast surgeon that aims to support breast health in all women.

Want more of Spencer's breast expertise? Save the date: The Atlantan will be featured on a national breast cancer awareness special airing on and BETher on Saturday, October 14 at 9PM EST.

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PHOTOGRAPHY BY PATRICK HEAGNEY